Women’s Services Directory
A guide to substance abuse and mental health support services
Helpful information

Mercy Maricopa Member Services
602-586-1841 or toll-free 1-800-564-5465
Hearing impaired (TTY/TDD) 711
Hours: 24 hours a day, 7 days a week

Mailing address
Mercy Maricopa Integrated Care
4350 E. Cotton Center Blvd., Bldg. D
Phoenix, AZ 85040

Website:
www.mercymaricopa.org
Twitter: @mercymaricopa
Facebook: facebook.com/mercymaricopa

Emergency call: 911

Behavioral Health Crisis Line:
602-222-9444 or 1-800-631-1314;
Hearing impaired (TTY/TDD) at 1-800-327-9254
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Women’s Services Network

Mercy Maricopa Integrated Care’s network of providers offers substance abuse and mental health services. Some services are designed especially for women, their children and family members.

Agencies in this directory provide treatment and other services to eligible women. To qualify, you must be eligible for Medicaid. You also may qualify for some of these services through federal Substance Abuse Block Grant (SABG) funding.

Connecting you to care
You can get connected to care. It’s easy. Just call Mercy Maricopa Member Services at 602-586-1841 or 1-800-564-5465; (TTY/TDD) 711 to make an appointment. You can also call to schedule a ride. Member Services representatives are available 24 hours a day, 7 days a week.

Women’s Services Network
Referrals to the Women’s Services Network: MMICWSN@gmail.com

The Women’s Services Network is a group of providers in Maricopa County that specialize in providing services to women. Together with Mercy Maricopa Integrated Care, the network focuses on providing complete, whole-health care and evidence-based services for women. Providers in the network work to reduce barriers women face when seeking care and to promote positive health outcomes.

Women’s Services Network agencies:
• Center for Hope of Arizona
• Ebony House
• Lifewell
• Mercy Maricopa Integrated Care
• Native American Connections
• NCADD
• New Casa de Amigas

The Women’s Services Network provides:
• Screening and assessments
• Services within Maricopa County jails
• Estrella Jail, screening and assessments
• Placement and transportation upon release
• Case coordination with probation and courts.
Effective April 1, 2014, Mercy Maricopa Integrated Care began operations as the Regional Behavioral Health Authority for Maricopa County. Funds for services are provided through a contract with the Arizona Department of Health Services/Division of Behavioral Health Services (ADHS/DBHS) and the Arizona Health Care Cost Containment System (AHCCCS).

- Case coordination with Department of Child Safety
- Evidence-based services, including Thinking for a Change groups and Beyond Trauma
- Job training and placement
- Supportive housing programs
- Locations in Central Phoenix and East Valley
- Transportation to and from all appointments
- Transportation upon release from Maricopa County jails
- Substance abuse and mental health counseling
- Trauma therapy
- Domestic violence support groups
- Self-help groups
- Peer support services and intensive case management
- Family therapy and groups
- Residential and outpatient programs, including day treatment with supportive housing
- In-home visits and monitoring
- 24-hour support and crisis services
- Child care to allow program participation
Casa de Amigas Residential Facility
1648 W. Colter St., Ste. 8, Phoenix, AZ 85015
Phone: 602-265-9987
Childcare: Not available
Capacity: 7

Services include:
• Mindfulness exercises
• Psycho-educational groups
• Individual counseling
• Life skills
• Relapse prevention
• Narrative therapy
• Stress reduction techniques
• Medication monitoring
• 12-step facilitation

Community Bridges - Center for Hope Day Treatment Program
554 S. Bellview, Mesa, AZ 85204
Phone: 480-461-1711
Childcare: Yes
Capacity: 24 Transitional Housing units for pregnant/postpartum women. 32 children, 6 years old and younger, can stay with their mothers, who are in the intensive day-treatment program.

Services include:
• Programming is available 24-7
• Substance abuse/behavioral health treatment
• Day treatment programs for women living off-campus
• Long-term intensive outpatient
• Standard outpatient programs
• Supportive housing programs
• Onsite child development center
• Prenatal care
• Child birth education and support
• Parenting education
• Developmental services for infants and toddlers
• Parent/child interaction play therapy
• Services for pregnant, postpartum and parenting women
Community Bridges - ASPIRE Outpatient Program
1012 S. Stapley Dr., Bldg. 5, Mesa, AZ 85204
Phone: 480-768-6022
Childcare: Yes

Services include:
• Medication services
• Outpatient treatment program
• Substance abuse and mental health issues
• Individual and group counseling
• Trauma therapy
• In-home visits
• Peer support
• Permanent supportive housing for women
• Transportation
• Onsite childcare
• Families-specific support groups
• Vocational services and support
• Career center
Community Bridges - Permanent Supportive Housing
Mesa, AZ
**Phone:** 1-877-931-9142
**Childcare:** Yes
**Capacity:** 25 permanent supportive housing units; 13 scattered site apartments or single-family homes

**Services include:**
- Rent based on an individual’s ability to pay
- Rent subsidized with federal grant funding
- Safe and affordable living environment
- Case management
- Outpatient services
- Life skills training
- In-home visits
- Transportation assistance
- 24-hour crisis support

Ebony House - Elba House
Phoenix, AZ
**Phone:** 602-243-5491
**Childcare:** Yes (Children up to the age of 10)
**Capacity:** 10 beds

**Services include:**
- 24-hour rehabilitative treatment
- Cognitive behavioral therapy
- Individual therapy
- Parenting skills
- Peer groups
- Holistic group methodology for:
  - Anger management/conflict resolution
  - Cocaine addiction
  - Co-dependency
  - Family grief and loss
  - Alcohol addiction
  - Single and poly-substance additions
– Relapse
– Domestic violence
– Co-occurring disorders

• Licensed counselors
• Case managers
• Supported housing

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**Ebony House – HIV Care Education and Outreach**

32 E. Jackson St., Phoenix, AZ 85004  
**Phone:** 602-254-6180; 602-276-4288

**Services include:**

• Advanced outreach specialists
• Focus on high-risk African-Americans in Maricopa and Pinal Counties
• One-on-one interventions
• Group counseling
• Highly supportive services to persons with HIV/AIDS
• Rapid HIV testing (by appointment preferred) available at no cost
• Health education and risk reduction sessions
• Case management

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**Empact – La Frontera**

618 S. Madison St., Tempe, AZ 85281  
4425 W. Olive Rd., Ste. 194, Glendale, AZ 85302  
**Phone:** 480-784-1514

**Sexual Assault Hotline:** 480-736-4949  
**RAINN (Rape, Abuse and Incest National Network) Hotline:** 1-800-656-4673  
**Q Line:** 1-800-5-CRISIS  
**Childcare:** Not available

**Services include:**

• Behavioral therapy skills
• Cognitive behavioral therapy
• Eye-movement desensitization reprocessing
• Psychiatric services
Family Service Agency
943 S. Gilbert Rd., Ste. 204, Mesa, AZ
Phone: 602-264-9891
Childcare: Not available

Services include:
• Licensed counselors
• Psychiatrist
• Nurse practitioner
• Treatment for co-occurring disorders
• Outpatient groups
• Employment programs
• Group, individual and family counseling
• Group for women with co-occurring disorders
  – Targeting women with substance abuse issues and history of abuse

Lifewell Behavioral Health - Pinchot Gardens Residential
Phoenix, AZ
Phone: 602-808-2825
Childcare: Yes (Children under the age of 5)
Capacity: 53 residential beds for women. 15 beds for children ages 5 and under.

Services include:
• Individual and group counseling
• Relapse prevention
• Trauma counseling
• Anger management
• Health counseling
• Communication counseling
• Treatment for co-occurring disorders
• Nurse practitioners
• Psychiatric evaluation
• Medication monitoring
• Independent living skills
• Childcare
• Parenting classes
• Educational tutoring
• Vocational training
**Lifewell Women’s Intensive Outpatient Day Treatment**
Mesa and Phoenix  
**Phone:** 602-808-2822  
**Childcare:** Not available

**Services include:**
- Treatment for co-occurring disorders
- Nurse practitioners
- Psychiatric evaluation
- Medication monitoring
- Substance abuse group counseling
- Anger management group counseling
- General mental health group counseling
- Individual counseling

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**Native American Connections (NAC) - Guiding Star Residential**
Phoenix, AZ  
**Phone:** 602-424-2060  
**Online:** intake@nativeconnections.org  
**Childcare:** Yes (Children up to the age of 10)  
**Capacity:** 32 beds

**Services include:**
- Behavioral health professionals
- Case managers
- Peer support
- Registered nurse monitors client medical needs
- Substance abuse and co-occurring disorder treatment
- Treatment for pregnant/parenting women and their dependent children
- 24-hour therapeutic setting
- Blends conventional treatment with traditional Native American healing practices
- Group, individual and family counseling
- Parenting classes
- Childcare
- Physical wellness classes
• Traditional healing practitioners
• A two-day family treatment program
• 8-week Intensive Outpatient Program (IOP)

National Council on Alcoholism and Drug Dependence (NCADD)
4201 N. 16th St., Ste. 140, Phoenix, AZ
Phone: 602-264-6214

Childcare: Formal childcare not offered. Women can bring infants (usually up to 12 months) to treatment while they arrange for childcare.

Capacity:
• Weldon House - 20 apartments for single mothers and their children. Teenage boys are not accepted.
• Legacy House - Stopgap housing. Pregnant women are the priority. The house can accept up to six women. Single women and women with one small child (usually under 12 months) are accepted. Women may have visitation while waiting for permanent placement.
• HER House - Housing for single women with vocational goals and clinical needs. At present, can accept three women. That may increase.

Services include:
• Licensed counselors
• Vocational counselors
• Psychiatric nurse practitioner
• Psychologist
• Case managers
• Peer support
• Treatment for co-occurring disorders
• Group, individual and family counseling
• GED preparation courses
• Vocational counseling
• Parenting classes
• Credit counseling
• Relapse prevention group
• Supportive housing for women and their children
• Healthy Connections, an intensive case management program for pregnant women with substance abuse issues
New Horizons Counseling
5062 N. 19th Ave., Ste. 102, Phoenix, AZ
**Phone:** 623-939-6567
**Childcare:** Not available

**Services include:**
- Master’s level counselors
- Psychiatric nurse practitioner
- Specialized women’s mental health treatment
- Treatment of clients with co-occurring disorders
- Individual counseling for women’s issues with female counselors
- Domestic violence group (for women offenders)
- Domestic violence survivors group
- Post-traumatic stress disorder issues (female instructor)
- Parenting education program (female instructor)
- Licensed substance abuse counselors
- Social workers
- Counselors
- Specialized counseling for individuals diagnosed with a serious mental illness
  - Domestic violence
  - Anger management

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Terros (formerly NOVA)
7022 N. 48th Ave., Glendale, AZ
4425 W. Olive Ave., Ste. 200, Glendale, AZ
**Phone:** 623-937-9203
**Childcare:** Not available

**Services include:**
- Licensed counselors
- Licensed social workers
- Psychiatric nurse practitioners
- Substance abuse clinicians
- Peer support services
- Treatment for co-occurring disorders
- Medication management
- Group and individual counseling
  - Mood management
  - Women’s empowerment
– Anger management
– Substance abuse (36 or 72 hours)
– Groups may satisfy court-required treatment

**Valle del Sol**
Avondale, Phoenix, Mesa, Tempe
**Phone:** 602-258-6797 or 602-258-6797, extension 160
**Childcare:** Not available

**Services include:**
- Trauma-informed care at all sites
- Mental health and substance abuse treatment
- Licensed counselors
- Clinicians
- Nurses/nurse practitioners
- Psychiatrists
- Peer support
- Well-women, primary care services (central Phoenix)
- Integrated outpatient behavioral health
- Individual, family and group counseling
- General mental health women’s group
- Healthy living group
- Women in recovery group
- Methadone and suboxone maintenance (central Phoenix/east Valley)
  (Group attendance is required in opiate treatment programs)
- Court-ordered treatment
  – DUI education and treatment groups
  – Gender-specific domestic violence groups for offenders
  – Parenting groups
  – Anger management
  – Substance abuse